



Prosciutto and Mascarpone Cheese Beef Wellington with Port Wine Chocolate Reduction Sauce

This is a fabulous dish to make for any special occasion. The prosciutto and mascarpone cheese make an amazing combination with this tender cut of beef and flaky puff pastry. It gets even better when you dip into the Port Wine Chocolate Reduction sauce. Absolute perfection!

Ingredients

1 ½ pound Beef Tenderloin, trimmed (even thickness)

4-5 oz Mascarpone Cheese

6 oz thinly sliced Prosciutto (about 6-7 slices)

1 9x9 inch Puff Pastry sheet, thawed (Aussie Bakery brand recommended)

1 Egg + 1 tablespoon water, whisked Freshly ground Sea Salt and Black Pepper Extra Virgin Olive Oil

Port Wine Chocolate Reduction Sauce

2 tablespoons Unsalted Butter

1/4 cup Shallots, finely minced (about 1-2 shallots)

1 cup Baby Bella Mushrooms, finely minced (about 5 mushrooms)

Pinch of dried Thyme

2 cups Beef Stock

1 cup Port Wine

1/4 cup (about 1.5 oz) Bittersweet Chocolate Chips (preferably Ghirardelli)

Freshly ground Sea Salt and Black Pepper to taste

Preparation

Preheat oven to 400 degrees with rack in the center.

Pat beef dry and generously season with sea salt and fresh ground pepper on all sides. Rub beef all over with olive oil. Heat a large skillet on high heat (preferably a lightly oiled cast iron skillet) and lightly coat with oil. When oil begins to simmer place beef on pan and quickly brown on all sides, about 3-4 minutes total. Remove beef from pan and set aside to cool.

Carefully unfold puff pastry sheet on a lightly floured large working surface. Gently roll puff pastry out to about 12 x 12 inches flipping over once while rolling. Generously spread mascarpone cheese all over one side of puff pastry sheet. Lay prosciutto slices across the puff pastry to cover entire sheet. Place beef tenderloin in the center, roll up one side, then the other. Fold over ends and trim if necessary. Brush with egg wash. Place the beef on a lightly oiled baking sheet, seam side down and brush the top side with egg wash. (Egg wash should coat entirely) Carefully make 4–5 slits across top using the tip of a paring knife. Bake for 20–25 minutes until pastry is golden brown and thermometer reaches 125 degrees in the center for medium rare. Remove from oven and let it rest, about 10 minutes.

While Tenderloin is baking Prepare Port Wine Chocolate Reduction Sauce: Melt butter in a sauce pan over medium-high heat. Add shallots, mushrooms and a pinch of thyme and sauté until softened, about 3-4 minutes. Stir in beef stock and port wine and bring to a boil until reduced to a little less than half, about 15-20 minutes. Reduce heat and whisk in chocolate. Season with freshly ground sea salt and black pepper and simmer until sauce thickens. Remove from heat and set aside.

Cut beef into large slices and serve with sauce.

Serves 4-6