

Butternut Squash, Cranberry and Walnut Orzo Salad

Butternut squash, nuts and dried cranberries welcome the fall with its colors and flavors. This makes a perfect side dish to a chicken dinner or better yet your Thanksgiving Turkey. It almost looks and tastes like a stuffing with a modern twist!

Ingredients

1-pound Orzo, uncooked

1 ½ pounds Butternut Squash, peeled, seeded and diced

3/4 cup very finely chopped red onion

34 cup finely chopped Italian Parsley, packed

3/4 cup Dried Cranberries

3/4 cup chopped toasted Walnuts

5 ounces French Feta Cheese, crumbled

1/2 cup + 2 tablespoons Extra Virgin Olive Oil

1/2 teaspoons Salt + additional (freshly ground sea salt optional for additional salt)

1/2 teaspoon Black Pepper

1/2 teaspoon White Pepper + additional

5 tablespoons fresh Lemon Juice

Preparation

Preheat oven to 400 degrees with rack in the center. Toss 2 tablespoons extra virgin olive oil (plus additional if needed) with diced butternut squash in a large non-stick oven proof-baking tray. Spread to make one even layer. Lightly sprinkle with salt (fresh ground sea salt may be used here) and a dash of white pepper. Bake until tender, tossing occasionally, about 15-20 minutes. Remove from heat and cool completely.

Bring a large pot of water to a boil over high heat, add a dash of salt and stir in orzo. Cook uncovered until the orzo is tender but firm to the bite, about 7-9 minutes. Drain the orzo with a strainer and rinse with cold water to stop from cooking. Transfer orzo into a large mixing bowl and immediately toss with ½ cup extra virgin olive oil. Set aside to cool completely.

Add cooled butternut squash, red onion, parsley, dried cranberries, toasted walnuts, 1 ½ teaspoons salt, ½ teaspoon black pepper ½ teaspoon white pepper, lemon juice and crumbled feta cheese to the cooled orzo. Gently toss and serve. May be refrigerated and served for later use.