



Cherry Almond Dream Smoothie

This refreshing smoothie is perfectly tart and sweet. The flavors come together for a dreamy taste that you will love and the best part is you will pack in nutritious calories!

Ingredients

1/2 cup freshly squeezed Orange Juice+ additional if needed (about 2 Oranges, Valencia, Naval or other sweet variety recommended)

- 2 ½ cups frozen pitted Cherries
- 2 ripe Bananas
- 1 tablespoon + 1 teaspoon Almond Butter
- 1/4 teaspoon Raw Vanilla Powder or Pure Vanilla extract to taste
- 1 teaspoon ground Golden Flaxseed, or to taste (optional)
- 1 teaspoon Chia Seeds, or to taste (optional)
- 2 cups Spinach Leaves, packed
- 1 1/2 -2 cups Ice Cubes

Special Equipment

Powerful Blender

Preparation

Place orange juice, cherries, bananas, almond butter, vanilla, flaxseed, chia seeds, spinach and ice in that order in a blender and process at high speed until smooth (using tamper if needed). Add additional orange juice and ice if preferred for desired consistency.

Serves 2