

Yogurt Sauce

This yogurt sauce is a great accompaniment to Mediterranean/Middle Eastern grilled chicken and meat dishes.

Ingredients

1 ½ cups plain whole yogurt
½ cup sour cream
1 tablespoon finely minced shallots (about 1 medium shallot)
Fresh ground sea salt and pepper to taste

Preparation

Mix yogurt, sour cream, and shallots in a small bowl. Add salt and pepper to taste.

**Sauce can be prepared and stored for two days.*